LUNCH | AVAILABLE 11:00AM - 3:00PM

- SANDWICHES -

All sandwiches include a choice of regular kettle chips or sweet potato tortilla chips

- HOT -

Hot Piglet ····· $13.00
Black forest ham, bacon & cheddar on house-made white

Mushroom Mania ····· $13.50
Chicken, pesto cream cheese, fresh spinach, roasted mushrooms, mozzarella on a plain tortilla

Turkey Bacon Ranch ····· $13.75
Turkey, bacon, cheddar with ranch spread on house-made wheat

Zucchini Brie Melt ····· $12.50
Roasted zucchini spears, brie cheese, sun-dried tomato jam house-made sourdough

Are You Gouda? ····· $12.50
Smoked gouda, gala apple, savory cranberry chutney on house-made sourdough

- COLD -

Pickle Roll Sammie ····· $14.50
Ham, tangy cream cheese spread, pickles & romaine on house-made white

Honey Mustard Chicken Salad ····· $11.50
Chicken, gala apples, red onion, dried cranberries, honey, mustard, mayonnaise & romaine on house-made wheat

The Sasquash ····· $12.00
Roasted butternut squash, curry hummus, red onion & spinach on toasted house-made multi-seed bread

- SALADS -

Add diced chicken to any salad for $4.25

Kale ····· $12.25

Kale, garbanzo, sunflower seeds, roasted red pepper, goat cheese & red wine vinaigrette

Sweet Tater Parm ····· $12.50

Romaine, roasted sweet potato, raisin, parmesan, croutons & creamy parmesan dressing

Autumn Apple ····· $12.25

Spinach, spiced roasted apples, candied walnuts, feta & vanilla balsamic dressing

- Soup of the Day -

Add extra bread for $1.50

Cup
$4.75

Bowl
Served with bread
$6.50

- BREAKFAST -

Other breakfast items, served all day

Bicycle Oatmeal

Served with brown sugar.
Add almonds, cranberries, or granola for $.50 each
$3.50

Yogurt Parfait

Vanilla yogurt, mixed berries & house-made granola
$6.25

- OTHER DRINKS -

	SM (12oz)	MED (16oz)	LRG (20oz)
Chai Latte	$4.65	$5.25	$5.75
Turmeric Ginger Chai Latte	$4.65	$5.25	$5.75
Steamer	$3.00	$3.50	$4.00
Hot Chocolate w/ Whip	$4.25	$4.75	$5.25
Hot Tea*	-	$3.25	-
Black Iced Tea	-	$3.00	$3.25
Seasonal Iced Tea	-	$3.00	$3.25
Iced Tea Refill	-	$1.00	-
Rosemary Lemonade	-	$3.75	$4.00
Italian Soda	-	-	$3.75
Deal's Apple Cider	$3.25	$3.75	$4.25

*HOT TEA SELECTIONS:

Golden Triangle Breakfast • Earl Grey Supreme • Moonlight Jasmine

Jade Green • Chamomile • Peppermint

- COFFEE -

	Mug	SM (12oz)	MED (16oz)	LRG (20oz)
Drip Coffee	$2.75	$2.75	$3.25	$3.75
Pour-Over	$4.25	-	$4.25	-
Iced Coffee	-	-	$3.50	$3.75

- FROM THE COOLER -

Sodas	$2.75	Bottled Water	$1.50
Coke, Diet Coke & Sprite		Dasani	
Minute Maid Juices	$2.50	Sparkling Water	$3.00
Apple & Orange		San Pellegrino	

- ESPRESSO DRINKS -

		SM (12oz)	MED (16oz)	LRG (20oz)
Espresso	$3.00	-	-	-
Espresso con Panna	$3.25	-	-	-
Cortado	$3.75	-	-	-
Latte	-	$4.75	$5.35	$5.85
Flavored Latte*	-	$4.85	$5.45	$5.95
Mocha	-	$4.85	$5.45	$5.95
Cappuccino	-	$5.10	$5.85	-
Breve	-	$5.50	$6.50	-
Cafe au lait	-	$3.00	$3.50	$4.00
Americano	-	$3.00	$3.50	$4.00

EXTRAS

Extra Shot of Espresso	$1.00	Add Flavor	$0.50
Add Whipped Cream	$.50	Oat Milk	$1.00

Vanilla • Caramel • Hazelnut • Almond • Coconut • Peppermint Sugar-Free • Vanilla • Sugar-Free Caramel • Strawberry • Raspberry • Blackberry

- SIGNATURE DRINKS -

Honeybee Espresso, honey & steamed milk w/ cinnamon	$4.85	$5.45	$5.95
Mila Espresso, sweetened condensed milk & steamed milk	$4.85	$5.45	$5.95
Cuban Espresso & steamed milk w/ brown sugar	$4.85	$5.45	$5.95
SRB Seasonal Latte	$4.85	$5.45	$5.95
Under the Weather Deal's apple cider, camomile tea, cinnamon and honey	$3.25	$3.75	$4.25